

Carers Services

Nottingham and Nottinghamshire



Engagement and Promotion Provided by Nottinghamshire Carers Association (NCA)

Training, resources, information and advice for:

- Education professionals
- Children and families health and social care professionals
- Employers (county only)
- Community facing organisations (county only)

Involvement opportunities for:

- Adult carers
- Young carers

We run and support involvement opportunities across the Integrated Care System so carers can have their voices heard and help to shape services.

Carers Space Notts Network

A co-produced network of carers and professionals coming together to share knowledge and experiences and develop services as equals.

www.carersspacenotts.com

Carers Roadshows

Market place style events bringing services together so that carers can easily access the support available in their area.

<https://www.carersspacenotts.com/roadshows.html>

Contact details:

Email:
info@nottinghamshirecarers.co.uk

Website:
www.nottinghamshirecarers.co.uk

Carers Hub Service (CHS) - Provided by The Carers Federation

Support for Adult Carers aged 18+

- Information, advice and guidance
- Access to carers conversations and assessments
- 1:1 support
- Health and wellbeing support
- Peer support groups across the city and county including Young Adult support group and Parent support group.
- Online support
- Referral to social care services
- Access to Carers Emergency Planning
- Carer ID Cards
- Access to Respite services
- Connecting to other organisations
- Access to Carer personal budgets
- Liaison with adult health professionals and teams
- Co-production opportunities
- Support plans

Contact details:

Tel: 0808 802 1777

WhatsApp/Text: 07814 678 460

Email:
carershubinfo@carersfederation.co.uk

Website:
www.carershub.carersfederation.co.uk

Young Carers Notts (YCN) - Provided by TuVida

Support for Young Carers aged 5 - 17

- Information, advice and guidance
- Access to carers conversations and assessments
- 1:1 and group support
- Health and wellbeing support
- Activities across city and county
- Regular events to meet other young carers
- Referral to social care services
- Connecting with other organisations
- Co-production opportunities
- Support plans
- Young Carer Travel Cards
- Young Carer ID Cards

Contact details:

Tel: 01158 248 824

Email:
youngcarers@tuvida.org

Website:
<https://www.youngcarersnotts.co.uk>

