

# Carers Services

## Nottingham and Nottinghamshire



### Engagement and Promotion Provided by Nottinghamshire Carers Association (NCA)

#### Training, resources, information and advice for:

- Education professionals
- Children and families health and social care professionals
- Employers (county only)
- Community facing organisations (county only)

#### Involvement opportunities for:

- Adult carers
- Young carers

We run and support involvement opportunities across the Integrated Care System so carers can have their voices heard and help to shape services.

#### Carers Space Notts Network

A co-produced network of carers and professionals coming together to share knowledge and experiences and develop services as equals.

[www.carersspacenotts.com](http://www.carersspacenotts.com)

#### Carers Roadshows

Market place style events bringing services together so that carers can easily access the support available in their area.

<https://www.carersspacenotts.com/roadshows.html>

#### Contact details:

Email: [info@nottinghamshirecarers.co.uk](mailto:info@nottinghamshirecarers.co.uk)

Website: [www.nottinghamshirecarers.co.uk](http://www.nottinghamshirecarers.co.uk)



### Carers Hub Service (CHS) - Provided by The Carers Federation

#### Support for Adult Carers aged 18+

- Information, advice and guidance
- Access to carers conversations and assessments
- 1:1 support
- Health and wellbeing support
- Peer support groups across the city and county including Young Adult support group and Parent support group.
- Online support
- Referral to social care services
- Access to Carers Emergency Planning
- Carer ID Cards
- Access to Respite services
- Connecting to other organisations
- Access to Carer personal budgets
- Liaison with adult health professionals and teams
- Co-production opportunities
- Support plans

#### Contact details:

Tel: 0808 802 1777

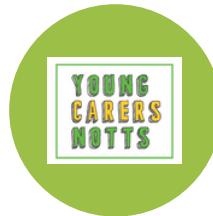
WhatsApp/Text: 07814 678 460

Email:

[carershinfo@carersfederation.co.uk](mailto:carershinfo@carersfederation.co.uk)

Website:

[www.carershcarersfederation.co.uk](http://www.carershcarersfederation.co.uk)



### Young Carers Notts (YCN) - Provided by TuVida

#### Support for Young Carers aged 5 - 17

- Information, advice and guidance
- Access to carers conversations and assessments
- 1:1 and group support
- Health and wellbeing support
- Activities across city and county
- Regular events to meet other young carers
- Referral to social care services
- Connecting with other organisations
- Co-production opportunities
- Support plans
- Young Carer Travel Cards
- Young Carer ID Cards

#### Contact details:

Tel: 01158 248 824

Email:

[youngcarers@tuvida.org](mailto:youngcarers@tuvida.org)

Website:

<https://www.youngcarersnotts.co.uk>

