

# Dementia Groups (3)

For information/ advice - contact the groups direct

BCVS Office 01909 476118 – To update group information / add a new group

## MONDAY

### Memorable Mondays Friendship Café

The Time Machine, 55 Union Street, Retford, Nottinghamshire, DN22 6LB

**Every Monday 12am – 3pm.**

Welcome visitors and their carers who are living with memory difficulties.

Memory enhancing activities, music, laughter, tea! Sandwiches, crumpets, tea cakes, cakes etc available to purchase for lunch.

Contact Sally for up to date attendance cost

Phone Sally on 07388089990 for enquiries and to book

### Ollerton Memory Cafe

**Every Monday 1 - 4pm**

Lifespring Church and Centre Sherwood Drive Ollerton NG22 9PP

Support Group for people affected by Dementia and their carers.

Fun activities, quizzes, crafts etc and refreshments.

For more details please contact: - Terry Bell 07973982716 Lifespring 01623 860303

## TUESDAY

### Dementia carers group

Drop into the Onyx Room upstairs at the Crossing

**Every Tuesday 10.30am-12pm**

**For carers of people living with Dementia**

**For more information contact Amanda / Carol 07543852485**

### Forget Me Nots

The person living with Dementia can be left to give the carer respite

Lots of mind stimulating activities and laughter enhancing games!

Refreshments and lunch provided

Cost is £7 per session/ person

**Usually every Tuesday 12pm-3pm**

The Beeches Community Centre, Tuxford, NG22 0NF

Phone Bev Pottinger 07515278727 for enquiries and to book

## **WEDNESDAY**

### **Dukeries Memory Group**

Speakers and stimulating entertainment at every session

Refreshments provided £1 per person

Hallcroft Community Centre, Randall Way, Hallcroft, Retford, DN22 7GR

**2<sup>nd</sup> Wednesday of every month 10.30am-12.30pm**

Phone Gail Tranter 07487 384 398 for enquiries and to book

### **The Wednesday Group**

Retford Memory Support and Friendship Group

stimulating entertainment at every session

Hallcroft Methodist Church, 50 Hallcroft Road, Retford, DN22 7LB

**Every Wednesday 12pm - 3pm**

Phone Jan Williamson for enquiries and to book 01777 709974

### **Memory Café**

for Dementia & Alzheimer's clients and carers.

stimulating entertainment at every session.

No extra charge for fun and laughter!

Refreshments and Lunch provided £5 per person

Oasis Community Centre, 2a Longfellow Drive, Worksop, Notts, S81 0DE

**Wednesdays from 11am -2pm**

Phone Caroline McGrath 07495923093 for enquiries and to book

### **STILL ME**

#### **Friendship Group**

Suitable for **all**, as well as those with a Dementia diagnosis (including Working Age Dementia) their families and carers, this group aims to bring people together to share and support one another.

Come along and join us for a chat, singing, cuppa, and a warm welcome!

Newcastle Avenue Worksop S80 1ET



Every Wednesday 2.00 – 4.00pm

For more information contact: 01909 475806 [worksop@salvationarmy.org.uk](mailto:worksop@salvationarmy.org.uk)

or Development Worker on 0115 804 3551 or [john.reddish@nottscc.gov.uk](mailto:john.reddish@nottscc.gov.uk)

### Singing with Dementia

A different musical theme each month e.g. Elvis

The Crossing, Newcastle Street, Worksop, S80 2AT

Monthly:-

Wednesday 27<sup>th</sup> April

Wednesday 25<sup>th</sup> May

Wednesday 29<sup>th</sup> June

Wednesday 27<sup>th</sup> July - Other dates to follow

2pm -4pm

Phone Jean Roberts 01909 475495 07873391734

## THURSDAY

### The Crossing Dementia Group

#### Coffee morning

peer support and friendly chat for those living with dementia and their carer, family and friends

The Crossing, Newcastle Street, Worksop, S80 2AT

Thursday 10.30am – 12pm - call to check group is running

Phone Jean Roberts 01909 475495 07873391734

### Dukeries Memory Group

Speakers and stimulating entertainment, fun and laughter at every session

Refreshments provided £1 per person

Carlton in Lindrick Civic Centre, Long Lane, Carlton in Lindrick, Worksop, S81 9AP

**3<sup>rd</sup> Thursday of every month 10.30am-12.30pm**

Phone Gail Tranter 07487 384 398 for enquiries and to book

# **FRIDAY**

## **Dukeries Memory Group**

### **Friday club**

Refreshments and lunch provided £5 per person

Live music at every session, dancing, quizzes, fun and laughter etc

Kilton Golf Club, Blyth Road, Worksop S81 0TL

**10.30 am – 1.30pm**

### **DATES FOR 2022 FRIDAY SESSIONS**

Jan	14, 28	July	8, 22
Feb	11, 25	Aug	12, 26
March	11, 25	Sept	9, 23
April	8, 22	Oct	14, 28
May	NONE	Nov	11, 25
June	10, 24	Dec	16 (Xmas Party)

Phone Gail Tranter 07487 384 398 for enquiries and to book

# **SATURDAY**

## **The Parks café group**

Join Lesley for a warm friendly chat in the café that opens out onto the beautiful Kings park in Retford. Meet new friends and enjoy walks around the park, crafts, speakers, quizzes, help with technology – phones, iPad, linking with loved ones over the internet etc.

Drinks and light refreshments available to purchase at very reasonable cost

### **Dogs welcome**

Goodwin Hall, Chancery Lane, Retford DN22 6DT

**Every Saturday 10am -1pm**

Phone Lesley Parks 07929352753 for more information