

Volunteering

If you enjoy driving and meeting people you are the ideal person to be a volunteer driver for the Bassetlaw community car scheme. Any amount of time that you are able to give to the scheme is welcome. We pay 45p per mile for every mile that you drive on behalf of the scheme. If you are interested in driving for us please contact the Bassetlaw Action Centre for more information. Other volunteering opportunities exist including; volunteer minibuses, befriending and staying well tutors. We are also looking for people who can give one hour per week for twelve weeks at a time to become befrienders for people identified by their GP as suffering from extreme loneliness.

Room Hire

Whether you're a business, charity, training organisation or voluntary group our meeting room or training room can fulfil all your requirements. Contact us for price and availability.

If you or your family would like more information about the projects please contact us. Opening times : 9am to 1pm Monday to Friday.

Bassetlaw Action Centre
is supported by or affiliated to:



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Bassetlaw



ACTION

Centre



*'Making a difference
throughout Bassetlaw'*

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Bassetlaw Action Centre



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The Bassetlaw Action Centre offers a range of services to help people remain healthy and independent.

Bassetlaw Community Car Scheme

If you are unable to make your journey by public transport or none is available within the Bassetlaw area, perhaps the Bassetlaw Community Car Scheme Volunteer Drivers could help. Membership fees and a mileage charge apply for this service.

Community Minibus

The Community Minibus is a new wheelchair friendly minibus which is available to local community groups and individuals within the district who need flexible, affordable and accessible solutions to their transport needs. Individuals can book onto our day trips; contact us for further details.

Community Car Scheme Plus

If you have limited mobility or are a wheelchair user and have difficulty using public transport, then the Car Scheme Plus could be the answer. Charges do apply.

Housing Choice

The service is aimed at older and vulnerable people who recognise that they are starting to find things difficult in their own home and want to consider their options to meet their changing needs. These might include moving to more suitable accommodation, making changes or adaptations to their existing property or looking at their financial situation.

Energy Advice

Our energy advisor is able to give advice on keeping warm and well. This can include energy tariff switches; identifying funding for energy saving measures; referring for winter warm checks to make sure your home can stay warm and help and advice with fuel debt including a benefit check.

Staying Well

The Staying Well Expert Patients Programme (EPP) is a 'chronic disease self-management course' to help people living with long term conditions maintain their health and improve their quality of life. The courses are led by 2 people who also have long term health conditions. The six week courses are available throughout Bassetlaw.

GOGA – Get Out Get Active

Get Out Get Active (GOGA) Bassetlaw is a project that is working across the district to support those who are inactive or have a long term health condition to get active by taking part in fun, safe and inclusive activities.

GOGA is about more than just being active, it strengthens community spirit, increases confidence and improves mental health. GOGA reaches out to the very least active, disabled and non-disabled people in the community. GOGA aims to provide support to encourage greater activity in a genuinely inclusive environment, helping to build friendships, maintain health, increase independence, reduce stress and boost self-esteem.

Home Support

Offers a range of services including shopping, prescription collection, laundry, cleaning, a sitting service, light meal preparation and escorted shopping and visits. This is a chargeable service please ring for further details.

Long Term Condition Health & Wellbeing Coach

Health coaching is a process where Health Coaches work with people to empower them to take control over their health and wellbeing. Health Coaches work in partnership with people to improve their health and wellbeing by guiding individuals and supporting them to make healthier lifestyle choices.