 **With the Staying Well Programme** 

The Staying Well course is a FREE six-week programme for people living with long term health conditions.

Name :

Address:

Contact No:

Mobile:

Email:

Long term health conditions:

Special needs if any:

Health Professional details:

Name:

Job Title:

Contact Number:

Preferred course location: Retford  Worksop  Other  Please specify

  

**Completed forms to be sent via email to:** [stayingwell@bassetlawactioncentre.org.uk](mailto:)

**or posted to the above address.**